

Child Foster Care Discipline Policy

Minnesota Rules, part 2960.3080, Subp. 8

License Holder(s): _____ Date: _____

Child foster care license holders must have and follow a discipline policy. In developing this policy, license holders must consider the child/youth's abuse history and needs relating to their developmental, cultural, disability, and gender needs. License holders should discuss the discipline policy with all caregivers.

I/we plan to:

- Praise and encourage the child/youth when _____

- Use a time-out, depending on their age and stage of development, when _____

- Give rewards, such as _____, when _____

- Take away privileges, such as _____, when _____

- other (specify): _____

- other (specify): _____

By initialing below, I/we agree to **NEVER**:

- ___ ___ use **corporal punishment**, such as spanking, rough handling, shoving, ear/hair pulling, shaking, slapping, kicking, biting, pinching, hitting, throwing objects at the child.
- ___ ___ use **verbal abuse**, such as name calling; disrespectful statements about the child or child's family, race, gender, disability, sexual orientation, religion, or culture; statements meant to shame, threaten, humiliate, or frighten the child.
- ___ ___ punish a child for **mistakes with toilet habits**, such as bed wetting, soiling.
- ___ ___ withhold **basic needs**, such as a healthy diet, water, clothing, hygiene facilities, normal sleeping conditions, proper lighting, educational services, exercise activities, ventilation, proper temperature, mail, family visits, positive reinforcement, nurturing, or medical care.
- ___ ___ assign **work that is dangerous** or is not in agreement with the child's case plan.
- ___ ___ discipline a child for the **unrelated behavior or action** of another child.
- ___ ___ restrict a child's **communications** beyond what is allowed in the child's case plan.
- ___ ___ require a child to assume **uncomfortable or fixed positions** for an extended length of time or to march, stand, or kneel as punishment.
- ___ ___ require a child to **punish other children**.
- ___ ___ use **mechanical restraints** or confining a child in a locked room

By signing below, I/we agree to follow this discipline policy and each child/youth's case plan regarding discipline. I/we will talk with the licensor and each child/youth's case manager as needed and tell them about any changes to this policy.

Signature of Applicant/License Holder

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