

**Wilkin County Combined Adult and Children's Mental Health Advisory Council**  
**United Methodist Church, 910 Main St Breckenridge MN**  
**5:30 PM April 20<sup>th</sup>, 2023 Minutes**

**LAC Members:** *\*voting members*

- **\*Jan Resler**, Co-Chair; Community Member
- X **\*Pastor Mark Gronseth**, Co-Chair  
Richland/Wilkin Ministerial Association  
Representative;
- **\*Linda Friederichs**, Community Member
- X **\*Terry Hasbargen**, Community Member
- **\*Dave Offner**, Community Member
- x **\*John Molstre**, Ph.D., Mental Health  
Professional;
- x **\*Mata Peterson**, Mental Health  
Professional;
- x **\*Shawna Korinek**, Coordinator of "A Place  
for Friends";
- x **\*Dennis Larson**, County Council Liaison;
- x **\*Eric Klindt**, County Council Liaison;
- x **\*Carol Anderson**, Community Member
- X **\*Melanie Scott**, Community Member
- X **\*Raymond Robinson**, Community Member
- X **\*Amanda Roberts**, Community Member
- X **Dale Anderson**, community member
- X **Kelsey Switters**, Mobile Mental Health  
Crisis Response Program, Lakeland Mental  
Health Center;
- X **Kara Baeth**, Regional Account Manager and  
Education Coordinator at Prairie St. Johns;
- X **Becky Tripp**, Health & Human Services  
Director;
- X **Sarah Barth**, Wilkin County Social Services  
Supervisor;
- X **Bridget Forst**, SUD/Adult Services Case  
Manager;
- X **Andrea Fritz**, Adult Mental Health Case  
Manager;
- **Amber Sheeley**, Community Support  
Worker
- X **Nicole Loehr**, HHS Family Community  
Support worker
- X **Shalyn Reiff**, HHS Specialist
- X **Ashley Wiertzema**, HHS PH Supervisor
- X **Katie Skandsgaurd**, Children's Mental  
Health Case Manager

**Meetings:** Quarterly LAC meetings, open to the public, stipends for voting members (may decline stipend), meal provided. **For meal planning please let Becky know if you are aware that extra people will be joining us.** Robert's Rules only for Council actions

❖ **Review and approve January minutes**

Revision none  
Motion - Dennis  
Second- Mata  
Passed: yes

❖ **By Laws:**

Request change in number of voting members to 14. This will allow us to meet membership requirement.

Discussion – we need to add additional members to meet statutory requirements  
Motion - Mark  
Second- Carol  
Passed: yes

**Required Membership**

- ✓ AMH consumer

- ✓ Family member
- ✓ MH Professional
- ✓ Community Support Services worker
- ✓ Person who received MH services as a child
- ✓ Parent of SED child
- ✓ Family Community Support Worker

- ❖ **NEW member:** Amanda Roberts, Community Member  
 Discussion- she will complete our statutory requirements for members  
 Motion-Dennis  
 Second-Mata  
 Passed: yes
- ❖ **Propose no additional voting members** in future unless someone leaves.  
 Discussion-none  
 Motion-Eric  
 Second-Terry  
 Passed: yes

### **Roles and Responsibilities Committee Updates**

- Annual Work Plan – Mark will be added to this Committee.
  - Ashley presented current plan draft.
 Annual Needs Assessment with report to the County Board. LAC is required to recommend, plan, coordinate, inform, and report on the local mental health systems capacity and needs.
- Education and prevention
  - Mental Health Month plan. We received a \$5,000 grant from Medica for MH Month. We reviewed promotional items to order for month. Ashley, Nicole, and Shalyn will order items and distribute.
  - Ideas for MH month: community gathering; encourage conversations at churches; outreach to schools; set up a QR code with information to #988, the Co 800#, and text # 711711; coasters with MN message; pill cases; stickers; pins; pens; books for kids; baskets for local locations; coloring books; posters in bathroom stalls; fidgets; chip clips; calendars; snap chat challenge; community resource list; awareness walk.

### **Member updates & announcements**

We ran out of time.