

Wilkin County Combined Adult and Children's Mental Health Advisory Council

Minutes January 26, 2023

LAC Members: *voting member In attendance = X

- *Jan Resler, Vice-Chair;
- *Linda Friederichs, Community Member
- *Terry Hasbargen, Community Member
- *Dave Offner, Community Member
- *John Molstre, Ph.D., Mental Health Professional;
- *Mata Peterson, Mental Health Professional;
- *Shawna Korinek, Coordinator of "A Place for Friends";
- *Pastor Mark Gronseth, Richland/Wilkin Ministerial Association Representative;

- Trevor Undseth, Mobile Mental Health Crisis Response Program, Lakeland Mental Health Center;
- Kara Baeth, Regional Account Manager and Education Coordinator at Prairie St. Johns;
- *Dennis Larson, County Council Liaison;
- Eric Klindt, County Council Liaison;
- Becky Tripp, Health & Human Services Director;
- Sarah Barth, Wilkin County Social Services Supervisor;
- Bridget Forst, SUD/Adult Services Case Manager;
- Andrea Fritz, Adult Mental Health Case Manager; and
- Amber Sheeley, Community Support Worker

We had a quorum of 40% voting members

Review and approve October minutes – Motion by Dennis - 2nd by Shawna - passed

Open Discussion about LAC moving forward – discussion about additional members to meet state requirements. The group is a joint Adult & Children's' LAC.

Required LAC Members:

**requirement met*

*AMH consumer

*Family member

*MH Professional

*Community Support Services worker

Person who received MH services as a child

*Parent of SED child

*Family Community Support Worker - Nicole

We have filled all requirements except **Person who received MH services as a child**. Please try to recruit if you know someone.

Required Posts:

Chair or co-chairs

“Consumer representative responsible for setting the agenda of each meeting, providing leadership in work plan development, running meetings, ensuring minutes are taken, requesting relevant information/data from county staff to assess and develop mental health plan for their county and providing recommendations of the LAC to the county on behalf of the LAC.” *LAC Guidebook*

The County provides support staff and a budget proportionate to population. County will provide funding for stipends for voting members, meals, and \$250 for Mental Health month activities.

Required Meetings:

Quarterly LAC meetings, open to the public, stipends for council members, Robert's Rules only for Council actions

By Laws:

The name of the LAC (including reference to county/counties) • Purpose of the LAC • Membership requirements/goals • Roles and responsibilities of officers • Meeting information and the number of members needed to reach a quorum • Detail about any existing sub-committee structure • Requirements for amending bylaws

Roles and Responsibilities:

Annual Work Plan

Annual Needs Assessment with report to the County Council. LAC is required to recommend, plan, coordinate, inform, and report on the local mental health systems capacity and needs.

Education and prevention

Discuss By-Laws – draft, amended to 11 voting members motion by Mark 2nd by Terry - passed

Open applications to the Council

New non-voting members

Ashley Wiertzema – Public Health Supervisor

Shalyn Reiff – Public Health Educator

Nicole Loehr – Family Community Support

New voting member applications

Carol Anderson – motion by Shawna – 2nd by Dennis – passed

Melanie Scott – motion by Shawna – 2nd by Mata – passed

Raymond Robinson – motion by Dennis – 2nd by Mark – passed

Discuss Council appointments

How many voting Council members? There will be 11 voting members.

Elect a Chair or Co-Chairs

Elected co-chairs Mark & Jan – motion by Shawna – 2nd by Dennis – passed

Becky Tripp will provide County support for co-chair duties including but not limited to arranging for meeting invites, draft agenda to co-chairs for approval, meeting minutes, and maintenance of LAC records.

Discuss future meetings & possible committees

Plan & Needs assessment Committee

Members: Ashley, Shalyn, Amber, Melanie.

Ashley will arrange meetings. The group will present a draft work plan at the next meeting in April.

Education & Prevention Committee

Members: Nicole, Amber, Shawna, Mata, Bridget, Katie, Carol, Mark, & Ashley

Nicole will arrange meetings. The group will present a plan for Mental Health Month, budget \$250, at the next meeting in April and any other project they are proposing with no budget.

Other

We will continue meeting at UMC on a Thursday evening quarterly. Committees will arrange their own meetings.

Ashley talked about the student survey results and Public Health priority of Mental Health as a Public Health crisis.

Current PH grant for Suicide Prevention that ends in April.

Changing the Narrative on Mental Health & Suicide Tuesday Feb 28th 1-2:30pm

Psychological 1st Aid training March 16th.

Contact Ashley if you have questions

awiertzema@co.wilkin.mn.us

Mark talked about Soul Shop coming back in November. Please email him with feedback or questions.

Mark Gronseth markgronseth@gmail.com

Melanie talked about Wellness in the woods and provided information.

Shawna reported that A Place for Friends membership is good. She does a monthly activity calendar.